



CALL FOR PAPERS

ICARE 2020
Jul 16-17, 2020
Bali, Indonesia

The International Research Conference is a federated organization dedicated to bringing together a significant number of diverse scholarly events for presentation within the conference program. Events will run over a span of time during the conference depending on the number and length of the presentations.

ICARE 2020 : International Conference on Aging and Regular Exercise is the premier interdisciplinary forum for the presentation of new advances and research results in the fields of Aging and Regular Exercise. The conference will bring together leading academic scientists, researchers and scholars in the domain of interest from around the world. Topics of interest for submission include, but are not limited to:

Exercise in aging
Fitness and aging
Benefits of fitness for aging adults
Women and exercise in aging
Regular aerobic exercise and aging
Strength training and aging
Flexibility training and aging
Balance training and aging
Physical activity for older adults

Physically active life-style
Biomechanics
Functional ability
Gerontology
Physiology
Physical activity
Psychology
Health benefits of exercise in an aging society