



CALL FOR PAPERS

ICFBWAPE 2021
Jan 18-19, 2021
Rome, Italy

The International Research Conference is a federated organization dedicated to bringing together a significant number of diverse scholarly events for presentation within the conference program. Events will run over a span of time during the conference depending on the number and length of the presentations.

ICFBWAPE 2021 : International Conference on Full Body Workout and Acute Physiological Effects is the premier interdisciplinary forum for the presentation of new advances and research results in the fields of Full Body Workout and Acute Physiological Effects. The conference will bring together leading academic scientists, researchers and scholars in the domain of interest from around the world. Topics of interest for submission include, but are not limited to:

Full-body workout

High-intensity whole-body
exercise

Acute physiological effects of
whole-body exercise

Benefits of whole body exercise

Effects of whole-body exercise

training on body composition and
functional capacity

Exercise physiology

Sport and exercise genetics

Exercise nutrition and water
requirements

No-equipment exercises

Exercise intensity

Aerobic exercise

Anaerobic exercise

Free weight exercises

Machine exercises

Bodyweight exercises