



# CALL FOR PAPERS

**ICPEFBE 2021**  
**Jan 18-19, 2021**  
**Rome, Italy**

The International Research Conference is a federated organization dedicated to bringing together a significant number of diverse scholarly events for presentation within the conference program. Events will run over a span of time during the conference depending on the number and length of the presentations.

ICPEFBE 2021 : International Conference on Physiological Effects of Full-Body Exercise is the premier interdisciplinary forum for the presentation of new advances and research results in the fields of Physiological Effects of Full-Body Exercise. The conference will bring together leading academic scientists, researchers and scholars in the domain of interest from around the world. Topics of interest for submission include, but are not limited to:

Full-body exercise

High-intensity whole-body  
exercise

Acute physiological effects of  
whole-body exercise

Benefits of whole body exercise

Effects of whole-body exercise

training on body composition and  
functional capacity

Exercise physiology

Sport and exercise genetics

Exercise nutrition and water  
requirements

No-equipment exercises

Exercise intensity

Aerobic exercise

Anaerobic exercise

Free weight exercises

Machine exercises

Bodyweight exercises