



# CALL FOR PAPERS

**ICPAH 2021**  
**May 27-28, 2021**  
**Tokyo, Japan**

The International Research Conference is a federated organization dedicated to bringing together a significant number of diverse scholarly events for presentation within the conference program. Events will run over a span of time during the conference depending on the number and length of the presentations.

ICPAH 2021 : International Conference on Physical Activity and Health is the premier interdisciplinary forum for the presentation of new advances and research results in the fields of Physical Activity and Health. The conference will bring together leading academic scientists, researchers and scholars in the domain of interest from around the world. Topics of interest for submission include, but are not limited to:

Sport science  
The health benefits of sport and physical activity  
Physical activity  
Physical health and fitness  
Psychological health and wellbeing  
Sport, exercise and health  
Sport, physical activity and risk factors for major diseases  
Sport and public health campaigns  
Health, sport and well-being  
Practical implications for sport-for-health programming  
Physical inactivity  
Healthy lifestyle  
Stress management

Self-management  
Motivation  
Physical and psychological functioning  
The use of sport as a tool to raise awareness on communicable diseases in developing countries  
Sport as a didactical tool to communicate vital health-related information to 'at risk' groups  
Sports for achieving mental health objectives  
Developing healthy bones, efficient heart, lung function, motor skills and cognitive function  
Functional capacity  
Therapeutic role of exercise  
Prevention of diseases  
Positive, direct effects of regular physical activity  
Prevention of cardiovascular disease, diabetes, cancer, hypertension, obesity, depression and osteoporosis