



# CALL FOR PAPERS

**ICESRST 2021**  
**Jun 15-16, 2021**  
**Toronto, Canada**

The International Research Conference is a federated organization dedicated to bringing together a significant number of diverse scholarly events for presentation within the conference program. Events will run over a span of time during the conference depending on the number and length of the presentations.

ICESRST 2021 : International Conference on Emotional Self-Regulation Strategies and Techniques is the premier interdisciplinary forum for the presentation of new advances and research results in the fields of Emotional Self-Regulation Strategies and Techniques. The conference will bring together leading academic scientists, researchers and scholars in the domain of interest from around the world. Topics of interest for submission include, but are not limited to:

Emotional self-regulation  
Theory and process model  
Emotional self-regulation  
strategies  
Emotional self-regulation  
techniques  
Neural correlates of conscious  
self-regulation of emotion  
Situation selection  
Situation modification  
Attentional deployment  
Distraction  
Rumination  
Thought suppression  
Cognitive change  
Response modulation

Expressive suppression  
Drug use  
Exercise  
Sleep  
Strategy to regulate emotional  
vulnerability  
Developmental process  
Parental influences on children's  
self-regulation  
Neuropsychological perspective  
Neurological perspective  
Sociological perspective  
Stress  
Decision making  
Effects of low self-regulation