



CALL FOR PAPERS

ICMEMA 2022
Apr 08-09, 2022
Athens, Greece

The International Research Conference is a federated organization dedicated to bringing together a significant number of diverse scholarly events for presentation within the conference program. Events will run over a span of time during the conference depending on the number and length of the presentations.

ICMEMA 2022 : International Conference on Machine Exercises and Muscle Activity is the premier interdisciplinary forum for the presentation of new advances and research results in the fields of Machine Exercises and Muscle Activity. The conference will bring together leading academic scientists, researchers and scholars in the domain of interest from around the world. Topics of interest for submission include, but are not limited to:

Machine exercises
Elastic resistance and machine exercises
Perceived loading and muscle activity
Lean muscle mass
Body fat percentage
Resting blood pressure
Bone mineral density
Insulin sensitivity
Muscle building

Exercise techniques
Design of user-weight-based exercise machines
Engineering design process
Advantages and disadvantages
Nutrition, weight control and exercise
Bodyweight exercises
Exercise types, volume and frequency
Compound exercises
Isolation exercises