



CALL FOR PAPERS

ICHBLTPA 2022
Sep 06-07, 2022
Prague, Czechia

The International Research Conference is a federated organization dedicated to bringing together a significant number of diverse scholarly events for presentation within the conference program. Events will run over a span of time during the conference depending on the number and length of the presentations.

ICHBLTPA 2022 : International Conference on Health Benefits of Long-Term Physical Activity is the premier interdisciplinary forum for the presentation of new advances and research results in the fields of Health Benefits of Long-Term Physical Activity. The conference will bring together leading academic scientists, researchers and scholars in the domain of interest from around the world. Topics of interest for submission include, but are not limited to:

Long-term physical activity
Long-term physical activity patterns
Long-term health benefits of long-term physical activity
Therapeutic role of long-term physical activity
Sport, psychological health and wellbeing
Sport and stress management
Sport and self-management
Sport and motivation

Effects of long-term physical activity on body systems
Disease control and prevention
Prevention of cardiovascular disease, diabetes, cancer, hypertension, obesity, depression and osteoporosis
Adaptations to long-term physical activity
Strength, flexibility and balance in older adults
Long-term recreational physical activity
Developing healthy bones, efficient heart, lung function, motor skills and cognitive function
Neurobiological effects of physical exercise